

**Term 3 Sport - Training Schedule - Basketball, Tennis & Rugby League - Weeks 1-9 - commences Monday 8 July, 2024.**

MORNING	Time	Monday	Tuesday	Wednesday	Thursday	Friday
Little Langlands – Chadwick Park	6:45-8:00am	Year 5 RL	Year 9 RL (7-8am)	Year 6 RL	Year 7 & Year 8 RL	Year 9 RL (7-8am)
Goold Hall	6:30-8:00am	Year 6A/B BB	Year 7A/B BB		Year 7A/B BB	Year 5A/B BB
Multi-Court	6:30-8:00am				Year 6A/B BB	Year 5C/D BB
Clem Jones Centre - Carina	6:30-7:45am		Year 9A/B & 8A/B BB		Year 9A/B/C/D BB	Year 11A/B & Year 7C/D BB
Morningside Tennis Centre	6:30-7:45am	Years 5 & 6 Tennis	Years 7-12 Tennis	Years 5 & 6 Tennis	Years 7-12 Tennis	
S&C - Villa Gym	6:45-8am	Rugby League Year 10 & 9	Basketball Firsts	Years 7-8 LTAD	Years 9-12 LTAD	Basketball Years 9-Open/Tennis
Speed & Agility - Whinstanes	7:00-8:00am					Paid Programme (Years 5-8)
AFTERNOON	Time	Monday	Tuesday	Wednesday	Thursday	Friday
Little Langlands – Chadwick Park	3:15-4:45pm	Year 6 RL	Year 7 & Year 8 RL	Year 5 RL		
Villa Park	3:45-5:15pm		Years 10 & Open (Yrs 11 & 12) RL		Years 10 & Open (Yrs 11 & 12) RL	
Goold Hall	3:15 - 4:45pm	Year 10A/B BB	Year 11A/B BB	Year 10A/B BB	Year 8A/B BB	
Multi-Court	3:15-4:45pm	5A/B BB		Year 10C/D BB	Year 8C/D BB	
Middle School Court	3:15-4:45pm	Year 6C/D				
Goold Hall	4:45-6:30pm	First V BB	Second V & Third V BB	First V & Second V BB	Third V & Fourth V & 11C BB	
Morningside Tennis Centre	6:00-7:30pm		Tennis Firsts		Tennis Firsts	
S&C - Villa Gym	3:15-4:30pm	Swimming/Rehab	Years 9-12 LTAD (staff session 4:30-5:15pm)	Rugby League Opens	Swimming/Track & Field	Years 7-12 LTAD

\* BB = Basketball

\* RL = Rugby League

\* Tennis

Clem Jones Centre Carina - 56 Zahel St

Morningside Tennis Centre - 123 Beverly St

Buses will transport Basketball/Tennis boys back from Clem Jones and Morningside Tennis to the College.

Buses will transport Rugby League boys one-way to Villa Park. Parents pick-up from Villa Park between 5:00-5:15pm.

There will be no Sport training in Week 6, from Monday 12 to Friday 16 August - due to the Ekka Holiday, Interhouse T&F and QCMF. Firsts teams and Track & Field will still have trainings on the Monday/Tuesday that week.