

# SPEED AND AGILITY

**8 Week program for Students year 5 - 8**

**Start Date: 11.10.24  
Friday 7:00am – 8:00am**

**Location: Whinstanes Oval**

**Cost \$140 + GST**

**RSVP: Online by 14.10.24 on Parents Lounge**



Director // Matty Scott  
Future Athletics  
hello@futureathletics.co // 0407 021 047