



VOLLEYBALL
BY
LAWS



2025

***AIC BY LAWS ARE DEVELOPED IN ADDITION TO
THOSE OF THE STATE AND NATIONAL
GOVERNING BODY, EXCEPT STATED OTHERWISE.
THE BY LAWS ARE REVISED ANNUALLY.***

AIC VOLLEYBALL BY LAWS 2025

RULES PERTAINING TO ALL TEAMS

Clause 1 GRADES AND AIC AGGREGATE

(a) Grades catered for, and count towards the AIC Aggregate shall be:

1st VI, 2nd VI, 3rd VI, 11A, 10A, 10B, 9A, 9B, 8A, 8B, 7A, 7B

Clause 2 COMPETITION POINTS

Win = 2 Loss = 0

BYE POINTS

In the event a member College does not field a team in a competition and a 'bye' is created in the draw, zero points shall be allocated.

Clause 3 SCORING SYSTEM

- a) With the exception of the 1st VI, all games are played in the best of a 3-set format
- b) Games are played according to standard FIVB rules with the first two sets to 25 and the third, when required, to 15. In a third and deciding set, when a team reaches 8 points, teams are to change ends.
- c) In games where a team has already won the game (leads 2-0). A third set will commence if time permits. The cut off time for a third set is 50 minutes after the scheduled commencement of the game. The set will conclude, regardless of the score, at this time.
- d) A third set is always played when the game score is 1-set all.
- e) Rules regarding net touches will make reference to the FIVB Rules: Law 11.3 "Contact with the Net".

Rule 11.3.1: Contact with the net by a player between the antennae, during the action of playing the ball is a fault. The action of playing the ball includes (among others), take off, hit (or attempt) and landing.

Rule 11.3.2: Players may touch the posts, ropes or any other object outside the antennae, including the net itself, provided that it does not interfere with the play.

Rule 11.3.3: When the ball is driven into the net, causing it to touch an opponent, no fault is committed.

Clause 4 TEAM & PLAYER RESTRICTIONS

- a) Players may take part in only one game in one year level on any given fixture day. The only exception to this rule is where a player acts as a reserve for the 1st VI. These players may only enter the 1st VI game after the first set. These players must be clearly indicated on the 1st VI scoresheet with an (*).

There shall be no more than fourteen (14) players per school registered on the score card for the 1st VI match, these players are to be recorded on the score sheet prior to play.

- b) The following age and year level framework must apply when selecting teams
- | | |
|-------------------------------------|--------------------------------------|
| Year 7 – turning 12 or 13 years old | Year 10 – turning 15 or 16 years old |
| Year 8 – turning 13 or 14 years old | Year 11 – turning 16 or 17 years old |
| Year 9 – turning 14 or 15 years old | Open – up to 19 years old |
- c) Teams are permitted to begin fixtures with a minimum of four players. If playing with 4 or 5 players, a team must designate the 'gaps' in the rotation at the commencement of the set. An automatic side out occurs when a gap in the rotation is in position 1 (serving position). The opposition will automatically receive a point and the serve each time this gap rotates to Position 1.
- d) Subsequent to Clause 4c, if an injury to a player occurs and the injured student cannot continue a set, and there is no substitution or exceptional substitution possible, the set will continue with a gap in the rotation where the injured player was located, provided at least 4 players remain eligible to play. An automatic side out occurs when a gap in the rotation is in position 1 (serving position). The opposition will automatically receive a point and the serve each time this gap rotates to Position 1.

Clause 5 MATCH TIMES

The following schedule shall apply where possible:

Home Schedule

Time	Court 1	Court 2
8.00am	11B	4th VI
9.00am	3rd VI	10C
10.00am	11A	10B
11.00am	2 nd VI	10A
12.15pm	1 st VI	

Schedules may vary on a weekly basis, dependent on team numbers within school and available courts

Away Schedule - 2 Court Venue

Time	Court 1	Court 2
7:30am/8.00am	9A	9C
8:30am/9.00am	9B	9D
9:30am/10.00am	8B	8D
10:30am/11.00am	8A	8C
11:30am/12:00midday	7B	7D
12:30pm/1:00pm	7A	7C

Schedules may vary on a weekly basis, dependent on team numbers within

Away Schedule - 3 Court Venue

Time	Court 1	Court 2	Court 3
7:30am/8.00am	9A	9C	9D
8:30am/9.00am	9B	8C	8D
9:30am/10.00am	8B	7C	7D
10:30am/11.00am	8A	7B	
11:30am/12:00midday	7A		

****Schedules may vary on a weekly basis, dependent on team numbers within****

Clause 6 FORMAT OF MATCHES

a) Warm-Up

10 minutes	Teams warm up with or without the ball - their choice. 3 Minutes of ball work. Spiking is not permitted yet, coaches are asked to sign the score sheet.
7 minutes	Referee calls captains for the toss. The winner of the toss may elect to serve, receive or choose an end. The loser of the toss may choose one of the other two options. Spiking warm up commences from position 4.
4 minutes	Spiking warm up hitting from position 2.
1 minutes	Combined Serving
0 minutes	Cease serving, Final Team Talk. Teams (all members) line up at baseline coming forward to shake hands. Game starts

b) Libero

- i. Two (2) Libero players are permitted in all grades and shall be determined at the beginning of each set.
- ii. Libero players must wear a contrasting-coloured shirt to his team.

c) Substitutions

- i. All games except First VI, Second VI, 11A- Unlimited substitutions shall be permitted as per FIVB rules. Players can only re-enter the game in their original positions with the team's rotation, grouped subs allowed. Any number of players may enter the set in each position in the service order.
- ii. First VI, Second VI, 11A – Twelve (12) substitutions per set are permitted. These substitutions will be reset each time a new set starts. Within the set, a player is allowed to appear on the scoresheet 3 times per set. Once a number appears 3 times, that number cannot appear again until a new set begins.

d) Time-out

- iii. Two (2) time outs per set per team is permitted.

Clause 7 NET HEIGHTS

The height of the nets for all levels of the competition shall comply with current FIVB rules.

Open & Year 11	2.43m	Year 10	2.35m
Year 8 & 9	2.24m	Year 7	2.15m

Clause 8 OFFICIALS

- a) Where possible, Volleyball Australia qualified referees shall be used for 1st, 2nd, 11A and 10A matches. When not available, the home team shall supply an adult referee and umpire for the 1sts and 2nds matches. Senior students who have completed a recognized referee's course may act as second referee for aggregate games in Year 7, Year 8, Year 9 and Year 10 matches and may act as first referee for non-aggregate games.
- b) The "Home College" shall provide second referees for all aggregate games.
- c) The home college is to provide all scorekeepers for matches. The scorekeepers shall complete a scoresheet, which must be signed by the referee and both coaches/captains at the end of the match.
- d) The home college is to provide lines people for all matches.
- e) The "Home" College shall provide a visible scoreboard and operator for each court.

Clause 9 BALLS

- a) The host college is to provide balls for matches and warm-up for all competing teams. Visiting colleges are not to take balls to match venues.
- b) For all AIC matches the Mikasa V200W or V300W must be used

Clause 10 UNIFORM

It is compulsory for all aggregate teams to wear correctly numbered shirts. Player numbers must be visible on the front and back of the playing shirt.

Clause 11 MEDICAL

A first aid officer with the minimum qualifications of Advanced First Aid must attend all fixtures.

Clause 12 SERVING (Year 7 Only)

Year 7 students will be permitted to strike the ball out of the 'holding' hand on serve. They will not need to have separation between the ball and hand on contact of the serve.

RULES PERTAINING TO FIRST VI

Clause 1 FORMAT OF MATCHES

All matches shall be played to the best of five (5) sets.

Clause 2 SCORING SYSTEM

- a) The match is won by the first team who wins three (3) of the five (5) sets. Teams do not play dead sets.

- b) The fifth deciding set is played under point rally. The first team to 15 with an advantage of two points (no maximum score limit) shall win the match. When a team reaches eight points, teams shall change ends.

Clause 3 SUBSTITUTIONS

- a) Twelve (12) substitutions per set are permitted in First VI matches. These substitutions will be reset each time a new set starts. Within the set, a player is allowed to appear on the scoresheet 3 times per set. Once a number appears 3 times, that number cannot appear again until a new set begins.
- b) Clause 3(a) is subject to a total of twelve substitutions per team per set.